



Gasconade R-2

Objective Course Curriculum Report for: 9 HE - Ninth Grade

Generated on 11/23/2015

Name

9 HE Objective 1

Unit Objective

The student will examine the long term effects of drug use.

Created By

System

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5/19/2013 7:16:30 PM +00:00

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System

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11/19/2013 5:57:31 PM +00:00

Sequence

1

Assessment Methods

Essential Questions

Course

9 HE

Unit

Objective used to assess students

Formative Assessment Activities

The student will take a valid test using short answer, true/false, and multiple choice. Students will create a brochure featuring drug, alcohol or tobacco use/abuse

Depth of Knowledge

85%

Learning Activity

Analyze the effect of drinking and driving. Differentiate drugs based on their classification including; stimulant, depressant, narcotic, marijuana, and hallucinogens. Describe the effects of drug use on the unborn

Research-based Instructional Strategies

Vocabulary, discussion, worksheets

Video: "Steroids Abuse Win Now, Lose Later "

"Binge Drinking"

"Everything You Need to Know about Substance Abuse in 22 Minutes"

"Secrets Behind the Smoke"

Guest Speaker: ARC Speaker: Fetal Alcohol Syndrome"

Supporting Resources

Correction Exercise

Enrichment Exercise for Accelerated Learners

Remediation for Struggling Learners

IEP modifications when necessary

English Language Learner

District Defined

Objective is A+

Missouri School Improvement Program

Code	Subject	Grade	RI
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Show-Me Standards

Code	Subject	Grade	Standard	Goal
5	Health/Physical Education	Grades: K-12	methods used to assess health, reduce risk factors, and avoid high-risk behaviors (such as violence, tobacco, alcohol and other drug use)	
4.7	Knowledge Standards	Grades: K-12	Students in Missouri public schools will acquire the knowledge and skills to make decisions and act as responsible members of society.	Identify and apply practices that preserve and enhance the safety and health of self and others

Grade and Course Level Standards

Common Core Standards

Version

1

Files

Date Range

Other Standards

Other Diverse Learners

Students Self-Reflection About Personal Goals

Use of Technology

Guiding Questions

Guiding Questions Depth of Knowledge

Summative Assessment Activities

Summative Correction Exercise

Family and Community Involvement

Name

9 HE Objective 2

Unit Objective

The student will compare and contrast the nine body systems.

Created By

System

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Sequence

2

Assessment Methods

Essential Questions

Course

9 HE

Unit

Body Systems

Objective used to assess students

Formative Assessment Activities

The student will take a valid test using multiple choice, true, false and short answer Body Systems portfolio

Depth of Knowledge

75%

Learning Activity

Define each of the systems, be able to identify the major organs within each system, define sexual reproduction, and identify major disease/disorders with each

Research-based Instructional Strategies

Worksheets, Smartboard lessons, lecture, vocabulary word usage, Chapters 15-19,

Body System portfolio: X:\OHS\Health\Bax\EVERYTHING\Body Systems\Body System Videos\Circulatory System

Supporting Resources

Internet, Discovery Health United Streaming. Body Systems Smartboard Lesson, Glencoe Health Textbook

Correction Exercise

Enrichment Exercise for Accelerated Learners

Remediation for Struggling Learners

IEP modifications when necessary

English Language Learner

District Defined

Objective is A+

Missouri School Improvement Program

Code	Subject	Grade	RI
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Show-Me Standards

Code	Subject	Grade	Standard	Goal
1	Health/Physical Education	Grades: K-12	structures of, functions of, and relationships among human body systems	
4.7	Knowledge Standards	Grades: K-12	Students in Missouri public schools will acquire the knowledge and skills to make decisions and act as responsible members of society.	Identify and apply practices that preserve and enhance the safety and health of self and others

Grade and Course Level Standards

Common Core Standards

Version

1

Files

Date Range

Other Standards

Other Diverse Learners

Students Self-Reflection About Personal Goals

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Guiding Questions Depth of Knowledge

Summative Assessment Activities

Summative Correction Exercise

Family and Community Involvement

Name

9 HE Objective 3

Unit Objective

The student will identify agents that cause sexually transmitted diseases and evaluate practices that ensure a healthy lifestyle.

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System

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Sequence

3

Assessment Methods

Essential Questions

Course

9 HE

Unit

Disease Prevention and Control

Objective used to assess students

Formative Assessment Activities

The student will take a valid test using multiple choice, true/false and short answer.

Depth of Knowledge

80%

Learning Activity

Define sexually transmitted diseases
Analyze each agent that causes the disease
Identify ways to avoid high risk behaviors that increase the risk of infection
List the infectious agents that cause STD's

Research-based Instructional Strategies

Lecture
vocabulary usage
worksheets
videos : "Infections" United Streaming
video
discussion
quiz

Supporting Resources

Videos: United Streaming: Discovery Health
Aspire Abstinence Program
Glencoe Health Textbook

Correction Exercise

Enrichment Exercise for Accelerated Learners

Remediation for Struggling Learners

IEP modifications when necessary

English Language Learner

District Defined

Objective is A+

Missouri School Improvement Program

Code	Subject	Grade	RI
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Show-Me Standards

Code	Subject	Grade	Standard	Goal
3	Health/Physical Education	Grades: K-12	diseases and methods for prevention, treatment and control	
5	Health/Physical Education	Grades: K-12	methods used to assess health, reduce risk factors, and avoid high-risk behaviors (such as violence, tobacco, alcohol and other drug use)	
4.7	Knowledge Standards	Grades: K-12	Students in Missouri public schools will acquire the knowledge and skills to make decisions and act as responsible members of society.	Identify and apply practices that preserve and enhance the safety and health of self and others

Grade and Course Level Standards

Common Core Standards

Version

1

Files

Date Range

Other Standards

Other Diverse Learners

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Summative Assessment Activities

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Family and Community Involvement

Name

9 HE Objective 4

Unit Objective

The student will evaluate the relationship between proper nutrition and exercise.

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Modification Date

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Sequence

4

Assessment Methods

Essential Questions

Course

9 HE

Unit

Nutrition

Objective used to assess students

Formative Assessment Activities

Student will construct menu poster using a scoring guide or Student will create a Nutrition/Exercise portfolio Student will take a valid test using multiple choice, and short answer

Depth of Knowledge

80%

Learning Activity

Construct a daily menu using the food pyramid, define calories, compare aerobic to anaerobic exercises and create an individual fitness program

Research-based Instructional Strategies

Lecture, vocabulary usage, worksheets
Internet: "mypyramid.gov"
Videos: "Ten Reasons to Get and Stay in Shape"
" Who Needs Sleep"

Supporting Resources

Glencoe Health Textbook, Website Sources: Mypyramid.gov., WebMD, CDC.gov,
Videos: "10 reason to stay fit,"
United Streaming Discovery Health

Correction Exercise

Enrichment Exercise for Accelerated Learners

Remediation for Struggling Learners

IEP Modifications when necessary

English Language Learner

District Defined

Objective is A+

Missouri School Improvement Program

Code	Subject	Grade	RI
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Show-Me Standards

Code	Subject	Grade	Standard	Goal
4	Health/Physical Education	Grades: K-12	principles of movement and physical fitness	
2	Health/Physical Education	Grades: K-12	principles and practices of physical and mental health (such as personal health habits, nutrition, stress management)	
4.7	Knowledge Standards	Grades: K-12	Students in Missouri public schools will acquire the knowledge and skills to make decisions and act as responsible members of society.	Identify and apply practices that preserve and enhance the safety and health of self and others

Grade and Course Level Standards

Common Core Standards

Version

1

Files

Date Range

Other Standards

Other Diverse Learners

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Use of Technology

Guiding Questions

Guiding Questions Depth of Knowledge

Summative Assessment Activities

Summative Correction Exercise

Family and Community Involvement

Name

9 HE Objective 5

Unit Objective

The student will examine the physical, intellectual, emotional, and social changes throughout life.

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Sequence

5

Assessment Methods

Essential Questions

Course

9 HE

Unit

Social, Emotional, and Mental Health

Objective used to assess students

Formative Assessment Activities

The student will take a valid test using multiple choice, true/false, and short answer.

Depth of Knowledge

80%

Learning Activity

The student will describe changes that occur in family relationships
Explain the relationship between stress and disease
Assess the social problems that effect a teenagers health today

Research-based Instructional Strategies

Lecture, discussion, vocabulary, quiz, Internet usage
Videos: "Open Arms, Open Eyes, Power Control and Abuse in Teen Relationships"
"Bullying: You don't have to take it anymore"
"All Stressed Out"

Supporting Resources

Correction Exercise

Enrichment Exercise for Accelerated Learners

Remediation for Struggling Learners

IEP modifications when necessary

English Language Learner

District Defined

Objective is A+

Missouri School Improvement Program

Code	Subject	Grade	D
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Show-Me Standards

Code	Subject	Grade	Standard	Goal
2	Health/Physical Education	Grades: K-12	principles and practices of physical and mental health (such as personal health habits, nutrition, stress management)	
4.7	Knowledge Standards	Grades: K-12	Students in Missouri public schools will acquire the knowledge and skills to make decisions and act as responsible members of society.	Identify and apply practices that preserve and enhance the safety and health of self and others

Grade and Course Level Standards

Common Core Standards

Version

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Date Range

Other Standards

Other Diverse Learners

Students Self-Reflection About Personal Goals

Use of Technology

Guiding Questions

Guiding Questions Depth of Knowledge

Summative Assessment Activities

Summative Correction Exercise

Family and Community Involvement