



Gasconade R-2

Objective Course Curriculum Report for: General PE - Ninth Grade

Generated on 11/23/2015

Name

General PE Objective 1

Unit Objective

The student will evaluate the long-term benefits of being physically fit.

Created By

System

Creation Date

5/19/2013 7:16:31 PM +00:00

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11/19/2013 5:11:41 PM +00:00

Sequence

1

Assessment Methods

Essential Questions

Course

General PE

Unit

Physical Fitness

Objective used to assess students

Formative Assessment Activities

Students will perform the Presidents's Physical Fitness Test: mile-run, v-stretch, push-ups, and sit-ups
Dress-out: must dress out each day: 10% deduction for each day up to 4 no dresses for the semester.

Participation grade each day

Depth of Knowledge

80%

Learning Activity

Complete the President's Physical Fitness Test
Actively participate in all physical education activity

Research-based Instructional Strategies

The teacher will explain the events of the test and throughout the year provide fitness activities to prepare students physically to take the test. The teacher will monitor and regulate a walk/run program for each student. The teacher will encourage students to participate on a daily basis. The teacher will stress the importance of regular consistent physical activity.

Supporting Resources

Correction Exercise

Enrichment Exercise for Accelerated Learners

Remediation for Struggling Learners

IEP modification when necessary

English Language Learner

District Defined

Objective is A+

Missouri School Improvement Program

Code	Subject	Grade	RI
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Show-Me Standards

Code	Subject	Grade	Standard	Goal
4	Health/Physical Education	Grades: K-12	principles of movement and physical fitness	
2	Health/Physical Education	Grades: K-12	principles and practices of physical and mental health (such as personal health habits, nutrition, stress management)	
3	Health/Physical Education	Grades: K-12	diseases and methods for prevention, treatment and control	
7	Health/Physical Education	Grades: K-12	responses to emergency situations	
1.8	Knowledge Standards	Grades: K-12	Students in Missouri public schools will acquire the knowledge and skills to gather, analyze and apply information and ideas.	Organize data, information and ideas into useful forms (including charts, graphs, outlines) for analysis or presentation
4.7	Knowledge Standards	Grades: K-12	Students in Missouri public schools will acquire the knowledge and skills to make decisions and act as responsible members of society.	Identify and apply practices that preserve and enhance the safety and health of self and others

Grade and Course Level Standards

Common Core Standards

Version

1

Files

Date Range

Other Standards

Other Diverse Learners

Students Self-Reflection About Personal Goals

Use of Technology

Guiding Questions

Guiding Questions Depth of Knowledge

Summative Assessment Activities

Summative Correction Exercise

Family and Community Involvement

Name

General PE Objective 1

Unit Objective

The student will apply knowledge of rules, and strategies of basic team sports and dance to become physically fit.

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Sequence

2

Assessment Methods

Essential Questions

Course

General PE

Unit

Team Sports and Dance

Objective used to assess students

Formative Assessment Activities

Pre/ Post Presidential Physical Fitness Test

A written test over the rules, skills, and strategies for each team sport and dance.

Depth of Knowledge

80%

Learning Activity

Demonstrate the basic skills required to participate in the sport of softball, soccer, football, volleyball, floor hockey, basketball, archery, aerobic fitness unit. and dance. Apply the rules and strategies for the sport of softball, soccer, football, volleyball, floor hockey, basketball, archery, aerobic fitness unit and dance.

Research-based Instructional Strategies

The teacher will introduce and demonstrate the proper techniques for softball, soccer, football, volleyball, floor hockey, basketball, archery, aerobic fitness unit and dance. Students will practice the skills. The teacher will introduce and explain the rules and strategies of softball, soccer, football, volleyball, floor hockey, basketball, archery, aerobic fitness unit and dance.

Video: "Christy Lane's Complete Guide to Line Dancing"
"Kimbo Modern Square Dancing"

Supporting Resources

Correction Exercise

Enrichment Exercise for Accelerated Learners

Remediation for Struggling Learners

IEP modifications when necessary

English Language Learner

District Defined

Objective is A+

Missouri School Improvement Program

Code	Subject	Grade	RI
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Show-Me Standards

Code	Subject	Grade	Standard	Goal
4	Health/Physical Education	Grades: K-12	principles of movement and physical fitness	
7	Health/Physical Education	Grades: K-12	responses to emergency situations	
1.5	Knowledge Standards	Grades: K-12	Students in Missouri public schools will acquire the knowledge and skills to gather, analyze and apply information and ideas.	Comprehend and evaluate written, visual and oral presentations and works
4.6	Knowledge Standards	Grades: K-12	Students in Missouri public schools will acquire the knowledge and skills to make decisions and act as responsible members of society.	Identify tasks that require a coordinated effort and work with others to complete those tasks
4.7	Knowledge Standards	Grades: K-12	Students in Missouri public schools will acquire the knowledge and skills to make decisions and act as responsible members of society.	Identify and apply practices that preserve and enhance the safety and health of self and others

Grade and Course Level Standards

Common Core Standards

Version

1

Files

Date Range

Other Standards

Other Diverse Learners

Students Self-Reflection About Personal Goals

Use of Technology

Guiding Questions

Guiding Questions Depth of Knowledge

Summative Assessment Activities

Summative Correction Exercise

Family and Community Involvement

Name

General PE Objective 2

Unit Objective

The student will demonstrate good sportsmanship and safety procedures to achieve a healthy-non-threatening environment in a sports situation/fitness units

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Sequence

3

Assessment Methods

Essential Questions

Course

General PE

Unit

Sportsmanship and Safety

Objective used to assess students

Formative Assessment Activities

A valid test covering safety procedures and sportsmanship. Demonstration during activity of safety procedures and sportsmanship.

Depth of Knowledge

80%

Learning Activity

Explain the importance of umpires/referees in sports
Demonstrate safety procedures in game situations
Recognize and practice honesty and integrity while participating in group activities

Research-based Instructional Strategies

The teacher will lead a class discussion on the importance of officials in sports.
The teacher will lead a class discussion on the proper safety guidelines and regulation in sports.

Supporting Resources

Correction Exercise

Enrichment Exercise for Accelerated Learners

Remediation for Struggling Learners

IEP modifications when necessary

English Language Learner

District Defined

Objective is A+

Missouri School Improvement Program

Code	Subject	Grade	RI
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Show-Me Standards

Code	Subject	Grade	Standard	Goal
4	Health/Physical Education	Grades: K-12	principles of movement and physical fitness	
7	Health/Physical Education	Grades: K-12	responses to emergency situations	
4.4	Knowledge Standards	Grades: K-12	Students in Missouri public schools will acquire the knowledge and skills to make decisions and act as responsible members of society.	Recognize and practice honesty and integrity in academic work and in the workplace
4.7	Knowledge Standards	Grades: K-12	Students in Missouri public schools will acquire the knowledge and skills to make decisions and act as responsible members of society.	Identify and apply practices that preserve and enhance the safety and health of self and others

Grade and Course Level Standards

Common Core Standards

Version

1

Files

Date Range

Other Standards

Other Diverse Learners

Students Self-Reflection About Personal Goals

Use of Technology

Guiding Questions

Guiding Questions Depth of Knowledge

Summative Assessment Activities

Summative Correction Exercise

Family and Community Involvement